**@whatcheerclub**

**Useful Resources**

**Seating**

Manufacturers rarely consider bodies IRL (Ikea desk chairs aren’t rated for heavy people; most brand’s armchair seats are too narrow for wide people; at under 18” seat height, midcentury-style seating is too low for tall and some older people to get in and out of; petite people need chairs with lower seats) Recommended:

* Herman Miller *embody* (no bar height available)
* Herman Miller *aeron* available in many sizes & heights. Get 1 large for every 3 medium
* Get discount Herman Miller seating at MadisonSeating.com
* Mity-Lite Flex One Folding Chair – rated for 1,000lbs, good for 3 hours max meetings
* Safeco Intensive Use Chair (waterfall) rated for 500lbs, good all day
* Ikea Strandmon wing chairs – under $300 - ok for medium/large soft seating

**Other furnishings**

* Best rolling computer tray tables - Flash Furniture Adjustable height computer Cart with drink holder available from Hayneedle and others
* Best fixed-desk height: 31” with 2” max tabletop or smaller (no stuff in way of knees under table.)
* Best sit/stand desk bottoms – Fully.com Jarvis frame-only – electric and hand crank versions avail.
* Best solo desktop size – 48” wide by 24” deep
* Min space allotment for single person at bigger table – 30” wide x 20” deep
* Affordable vintage sourcing: Chairish.com, eBay, Etsy, invaluable.com

**Lighting tips**

Kelvins affect the warmth of the light. 2,500 kelvins or less is preferable. 2,200 is awesome.

Buy desk lamps with built-in, regular, outlets

**Sound**

Cheap white noise machine - Lectrofan

Ceiling tiles – CertainTeed Symphony or Performa

**Promotional**

Faux polaroid print outs – FujiFilm InstaX printer (under $200)

Sidewalk sandwich board – Signicade Deluxe – black with sand ballast legs



